

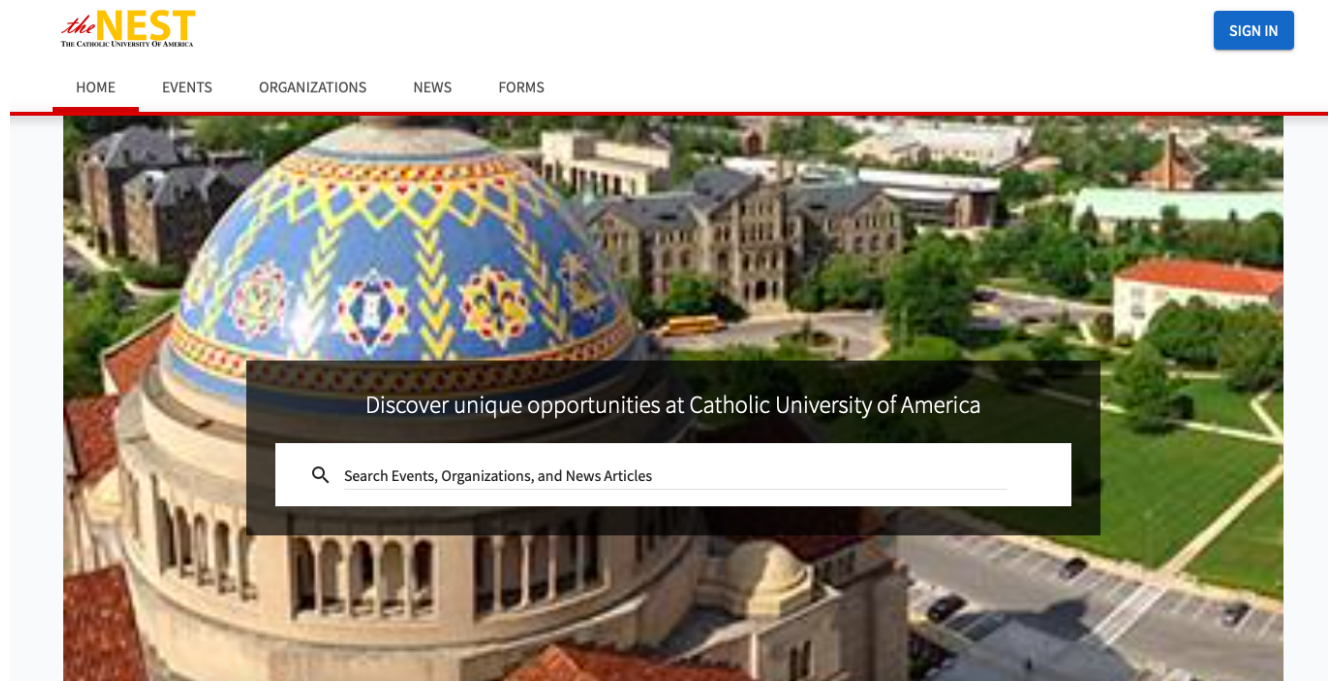
## Staying Connected to Clubs and Activities

### Identifying interests

- There are many different clubs on campus based around your interests. Joining clubs is a great way to meet students with common interests that you may not meet in your classes or in your dorm.
- Some different interests on campus include:
  - Computers/technology
  - Video games
  - Science (Biology, Chemistry, Physics)
  - Comic books/Anime
  - Sports (Intramural sports teams)
  - Politics

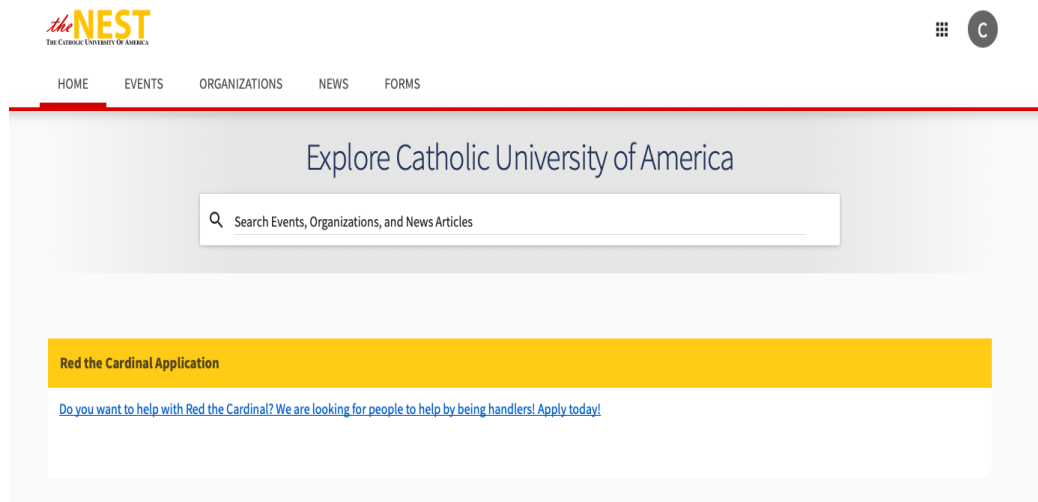
### CUA NEST: Introduction to the NEST

- To find clubs that you may be interested in, log into <https://nest.cua.edu> to search for clubs or activities you may be interested in. The homepage should look like the picture below.
- Use the blue button in the top right corner labeled “sign in” to log into the NEST using your CU credentials.



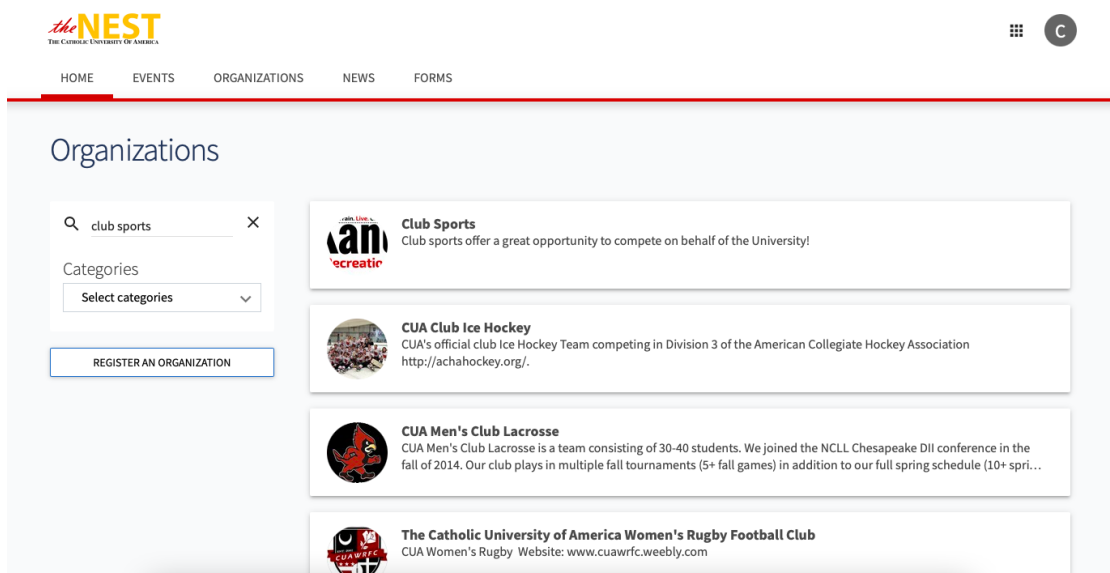
## CUA NEST: Finding clubs

- Once logged in, search for clubs based on your area of interest. Try to keep your search general. If you are interested in a specific video game, try to search for “video games” or “gaming” instead of “Call of Duty” or “Minecraft”.
- For my search, I searched “club sports”.



## CUA NEST: Signing up for clubs

- Select a club that you are interested in joining.
- On the homepage, you will find information about any events, tryouts, meeting times, and the email of the club’s executive board. If you would like more information about the club, this is where you can request it by clicking the “contact” button in the right hand corner. You can also click the “Join” button, which will add you to their club’s mailing list.



## **Stay Connected**

- Visit their webpage on the NEST
  - Clubs will update their web pages on the NEST with executive board members' information as well as the rules and requirements for being a part of that club.
- Join online meetings when you can
  - Many clubs are still hosting some online meetings to keep their members feeling connected.
- Read their newsletter email if they send one out
  - This email will give you information about upcoming events, changes in their executive board, and other important updates about the club.
- Connect on Social Media
  - Many clubs at CU have Instagram pages you can follow that regularly update members on social media platforms.
- Keep in contact
  - Even if you do not attend meetings or they do not have any, keep in contact with members of the group, if you know any.